



## 25 MILE MENU

We have added a £1 voluntary donation to your bill to help raise vital funds for a local charity we feel very strongly about – The Wave Project. A charity championing inclusion and improving children's mental health and wellbeing through our favourite local sport, surfing! We know it is a very personal choice, so please do not hesitate to ask us to remove it if you wish. Registered Charity No. 1163421

### GARDEN BITS - £4.95 Each

Tempura Broccoli & Chillí Jam  
Salt & Vinegar Cavolo Nero

### PIGGY BITS - £4.95 Each

Crackling & Apple Sauce  
Honey Mustard Glazed Chipolatas

### FISHY BITS - £4.95 Each

Fish Cakes & Preserved Lemon Mayo  
Smoked Mackerel Pate & Toast

### GARDEN, GREENHOUSE & POLYTUNNEL

'A selection of our plant-based dishes, mostly picked this morning'

Chilled Pea Soup  
Garden Mint Crème Fraîche £8

'Cylindra' Beetroot  
Bishop's Polmesk Cheese & Nasturtium £12/£18

Lemon & Herb Courgette  
Chilli Mayo, Puffed Quinoa & Almond Crumble £11

Ross's Gem Lettuce  
Helford Blue Dressing & Walnuts £10/£15

### STARTERS (OR BIGGER!)

Whole Cornish Sardines  
Polytunnel Tomatoes & Pickled Monk's Beard £13/£24

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Garden 'Dwarf Bean' Salad  
Black Garlic, Sourdough & Rocket £11/£17

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Hand Picked Padstow Crab  
Marinated Fennel, Lemon & Parsley £16

### CORNISH FARMS & ATLANTIC WATER

Padstow Cream Cheese Gnocchi  
P.K.G Tenderstem, Chillí & Lemon £20

Middle White Pork Loin  
Sweet and Sour Aubergine & Red Wine Sauce £27

'Victoria Jane' Dover Sole  
Lemon Verbena Brown Butter £45

Courgette & Polytunnel Basil Risotto  
Allet Dairy Goats Feta £21

Stephen Gelly Farm Lamb Shoulder  
Charred Courgette & Garden 'Salsa' £32

'Anciona' Hake  
Tenderstem Broccoli & Kaffir Lime £28

Chargrilled I.O.W Romano Peppers  
Hodmedod's Smoked Quinoa & Almonds £19

Scott Martin's Pigeon Breast  
Garden Onions & Smoked Bacon Sauce £24

BBQ Monkfish Tail (On The Bone)  
Lardo, Monk's Beard & Tomato Dressing  
£32

Salt Aged 10oz Sirloin Steak  
Thrice Cooked Chips, Mixed Leaves & Bearnaise  
£42

### GARDEN SIDES - £5.50

Mixed Leaves & Pickles  
Roast Garden Beetroot

Jersey Royal Potatoes & Garden Mint  
Tobacco Onions

Thrice Cooked Chips  
Buttered Garden Greens

Please note that any game on the menu may contain shot.

Please speak to a member of staff if you have any questions about the menu, allergies, dietary requirements, or calorie counter.

We hope you enjoyed the food & service, we add a suggested 12.5% Service Charge to your bill. If something wasn't up to scratch, don't pay it! But do tell us what we could have done better.



